

GS1 MALAYSIA MEMBER CAPACITY BUILDING INITIATIVE

JOINTLY ORGANISED BY



Organised by FMM INSTITUTE SABAH BRANCH (475427-w)
Centre For Professional Development



KAIZEN @ 5S TRAINING FOR WORKPLACE EXCELLENCE

DATE : JANUARY 19 - 20, 2026 | MON - TUE

TIME : 9.00AM - 5.00PM

VENUE : DEWAN USAHA MELAYU SABAH, INANAM

The KAIZEN @ 5S Training for Workplace Excellence programme is designed to help organisations improve productivity, efficiency, and workplace discipline through the practical application of Kaizen and 5S principles. The programme provides participants with a clear understanding of continuous improvement concepts, waste elimination, and standardized work practices. Participants will be equipped to implement sustainable improvements in office, manufacturing, warehouse, and FMCG environments, supported by a focused 90-day Kaizen@5S action plan.

KEY BENEFITS OF GS1 MALAYSIA - FMM INSTITUTE:

- Understand productivity and business excellence frameworks.
- Apply Kaizen principles for continuous improvement.
- Implement the 5S methodology to improve workplace organization and discipline.
- Identify and eliminate waste (MUDA) in operations.
- Use practical Kaizen tools for problem solving and process improvement.
- Develop and execute a 90 day Kaizen@5S action plan.

COURSE OUTLINE:

- MODULE 1** : Productivity & Business Excellence Framework
- MODULE 2** : Kaizen Fundamentals
- MODULE 3** : 5S – Seiri & Seiton
- MODULE 4** : 5S – Seiso
- MODULE 5** : 5S – Seiketsu & Shitsuke
- MODULE 6** : Waste Identification (MUDA)
- MODULE 7** : Kaizen Tools
- MODULE 8** : Kaizen for Warehouse & FMCG
- MODULE 9** : 90-Day Kaizen@5S Action Plan

TARGET GROUP:

This programme is for managers, supervisors, team leaders, engineers, and operational staff involved in productivity, quality, warehouse, FMCG, and continuous improvement initiatives.



PROGRAMME SPEAKER:

MR. RICKY LIM

FREE FOR GS1 MEMBERS!

**As per terms and conditions*

ACTUAL TRAINING FEE:

✓ **RM1,350/PAX**

**LIMITED SEATS AVAILABLE!
(FIRST COME FIRST SERVE BASIS)**



REGISTER HERE!

For more information, please contact: **fmmSabah@fmm.org.my** **+608-8447580**



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REGISTRATION FORM

FMM Institute

Mr Leonard | Ms Nelly | Ms Florisa

Email : fmmsabah@fmm.org.my

Tel: 08-844 7580

Dear Sir/Madam,

Please register the following participant (s) for the above programme:

(To be completed in BLOCK LETTERS)

1. Name

Designation

Email

Nationality

NRIC

Mobile No.

2. Name

Designation

Email

Nationality

NRIC

Mobile No.

3. Name

Designation

Email

Nationality

NRIC

Mobile No.

(If space is insufficient please a separate list)

Submitted by:

Name

Designation

Email

Tel

Fax

Mobile No.

Company

Date

Address

GS1 Membership No.

FREE FOR GS1 members

**As per terms and conditions*